



Universal
curriculum
FOR DAYCARES

IN FANTS



September - Week 1
From sep 04 to sep 08

English

Magical skills



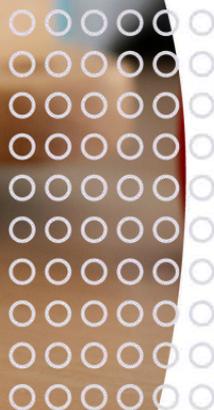


Magical Skills



Magical skills for babies through play and sensory experiences are essential for optimal development in multiple aspects. These activities not only foster cognitive and sensory growth, but also contribute to babies' emotional, social and creative development, laying the foundation for lifelong learning and a healthy life in the future.

Meaningful, sensory experiences help to achieve appropriate processes in infant development during early childhood.





**Positive relationships
between people
around him**



**Encourage
exploration and
discovery**



**Stimulate logical
thinking**



**Improve coordination
and concentration**



**Promote verbal
communication**

Objectives of sensory experiences



Welcome!



The importance of magical skills for babies through play and sensory experiences lies in the integral and holistic development that these activities can provide to babies during their first years of life.

Here you will find activities designed according to the stages of each baby's development through play and creative activities focused on the development of the senses.



**Universal
curriculum**



Monday

Goldfish bowl

Circle of objects

Balloons and textures

Color swabs

Seed tray

Ice cubes

Obstacle course

Bucket of objects

Colorful lantern

Sensory tray

Ball balloons

Colored slime

Shadows of figures

Basket of treasures

Hide and seek game

Ball slide

Body massages

Sensory tales

Cardboard path

Colored balls



Tuesday

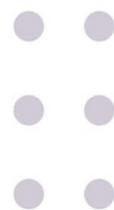


Wednesday



Thursday

Friday



Monday



This activity must be supervised by an adult



Goldfish bowl



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening visual and tactile perception through sensory experiences.

Goals:

- Strengthen visual perception through colored objects

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Percepción



Área sensorial



Descubrimiento
de los sentidos

▶▶▶ Materials

- big plastic bottle
- Water
- Colorful balloons
- Moving eyes
- sequins
- blue dye

▶▶▶ Orientation

- 1 Create a moment of play and exploration in a spacious and comfortable space.
- 2 Previously inflate the colored balloons and glue moving eyes on the balloons forming colored fish, then put them in a plastic bottle with a little water and blue food coloring.
- 3 It places the baby on a pad and allows to explore the movement of objects through visual perception.



Observe body movements during activity

This activity must be supervised by an adult



Circle of objects



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as dragging, grasping, and hand-eye coordination.

Goals:

- Strengthen body skills such as dragging your body and grasping objects

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
gruesa



Área sensorial



Exploración

▶▶▶ Materials

- Objects of different textures (balls, pompoms, rattles)

▶▶▶ Orientation

- 1 Arrange the activity in a large, comfortable space, then place objects of different textures in a circle on a flat surface.
- 2 Place the baby inside the circle of objects and encourage the baby to move with his body until he reaches the different objects.
- 3 Perceives the different textures of objects through the sense of touch.



Observe body movements such as dragging and grasping of objects during the activity

This activity must be supervised by an adult



Balloons and textures



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of perceiving and exploring the different textures through the sense of touch and sight.

Goals:

- Discover and explore the different textures of the balloons through the sense of touch

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Percepción



Área sensorial



Exploración

▶▶▶ Materiales

- Colorful balloons
- Rice
- Flour
- Water
- Lentils
- Clay

▶▶▶ Orientation

- 1 Create a moment of play and exploration with different textures.
- 2 Previously add different textures (rice, flour, water, lentils, plasticine) inside the colored balloons and tie a knot in each balloon.
- 3 Place the baby in a sitting position and allow him to explore the different textures of the balloons through his hands and talk to the baby about the different textures.



Observe the different gestures when perceiving the textures of the balloons

This activity must be supervised by an adult



Color swabs



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as pincer grasp, eye-hand coordination and concentration.

Goals:

- Strengthen body skills such as the pincer and inserted grip

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
fina



Innovación



Inventión,
cambio y
originalidad

▶▶▶ Materials

- cotton swabs
- Colored markers
- egg carton
- Punch (adults only)

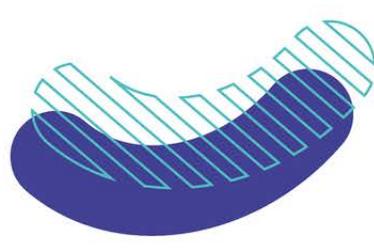
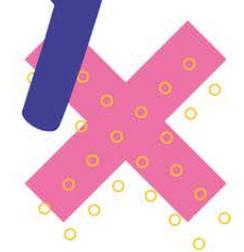
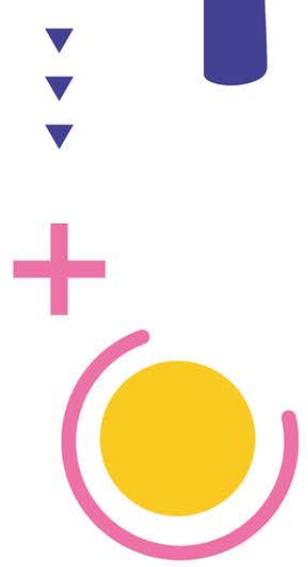
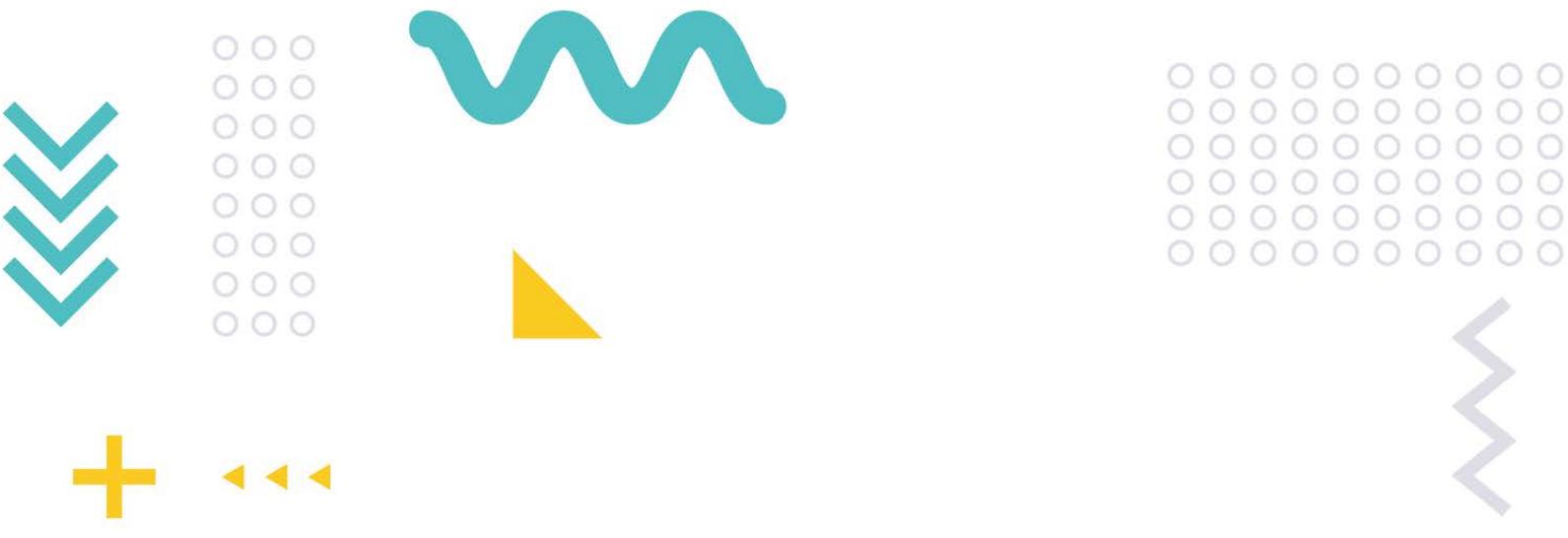
▶▶▶ Orientation

- 1 Create a moment of play and exploration with recycled material.
- 2 Previously, make holes on the egg carton and paint in different colors, then paint the cotton swabs with colors.
- 3 Motivate the baby to insert the colored cups according to the corresponding color.



Observe body skills such as the pincer grip and the inserted grip during the activity

Tuesday



This activity must be supervised by an adult



Seed tray



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of perceiving and exploring the different textures of food through sensory experiences.

Goals:

- Explore and discover new food textures through your senses

Domains and Sub-domains



▶▶▶ Materials

- Plastic tray
- Pumpkin seeds
- Pad

▶▶▶ Orientation

- 1 Create a moment of play and exploration in a spacious and comfortable space.
- 2 Previously add pumpkin or pumpkin seeds inside a plastic tray, then place the baby on a pad.
- 3 Allows you to explore and discover the different textures of food through your senses.



Observe the different gestures when perceiving the sticky textures

This activity must be supervised by an adult



Ice cubes



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening cognitive skills such as the notion of cold through sensory experiences.

Goals:

- Promote tactile and visual perception through sensory experiences.

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Percepción



Área sensorial



Descubrimiento
de los sentidos

Materials

- Ice cubes
- colorful coloring
- Water
- zip bag
- Scotch tape

Orientation

- 1 Create a moment of play and exploration in an outdoor space.
- 2 Previously add ice cubes on a zip bag and add a little water, then add color coloring and stick on a flat surface with adhesive tape.
- 3 Places the baby in a lying position and allows them to explore the different textures through their senses.



Shows interest in exploring and discovering the different textures with their hands

This activity must be supervised by an adult



Obstacle course



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as crawling, grasping objects and coordination.

Goals:

- Promote body skills such as crawling through the discovery of objects

Domains and Sub-domains



▶▶▶ Materiales

- Spoon plastic
- cups of different sizes
- cupcake molds
- Scotch tape

▶▶▶ Orientation

- 1 Create a moment of play and exploration in a spacious and comfortable space.
- 2 Previously place different objects (spoons, cups, cupcake molds) on a flat surface forming a path of objects and place masking tape around it.
- 3 Motivates baby to discover objects through body movement such as crawling and problem solving.



Observe body skills such as crawling during the activity

This activity must be supervised by an adult



Bucket of objects



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as pincer grasp, eye-hand coordination and concentration.

Goals:

- Strengthen body skills such as pincer grasp and hand-eye coordination

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
fina



Innovación



Inventi3n,
cambio y
originalidad

Materials

- Wood clamp
- Objects of different colors and shapes
- Water
- plastic bucket
- Cup

Orientation

- 1 Create a moment of play and fun in an outdoor space.
- 2 Previously add objects of different sizes into a bucket with a little water and place another empty container.
- 3 Encourage the baby to catch the objects with a tweezer and transport them to the empty container.



Enjoy and participate in outdoor sensory activities

Wednesday



This activity must be supervised by an adult



Colorful lantern



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of promoting visual perception through sensory experiences.

Goals:

- Promote visual perception through sensory experiences

Domains and Sub-domains



▶▶▶ Materials

- colored sheet
- colorful lantern
- Pad

▶▶▶ Orientation

- 1 Create a moment of play and exploration in a spacious and comfortable space.
- 2 Place the baby in a lying position on a mat, then place a colored sheet with a colored flashlight and perform different movements over his view.
- 3 It allows exploring and discovering colors through the visual perception of objects.



Observe the movement of objects through your eyesight

This activity must be supervised by an adult



Sensory tray



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as grip, eye-hand coordination and concentration.

Goals:

- Explore and discover the objects that are inside the water

Domains and Sub-domains



Enfoques de aprendizaje



Iniciativa y curiosidad



Resolución de problemas



Comprende las situaciones de su entorno

Materials

- plastic container
- colored and shaped objects
- Water

Orientation

- 1 Create a moment of play and fun in an outdoor space.
- 2 Previously add different objects of different shapes on a plastic container and add a little water.
- 3 It places the baby in a sitting position and allows them to explore and discover the objects that are in the water through their hands.



Constantly supervise the activity by an adult

This activity must be supervised by an adult



Ball balloons



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening body skills such as grip, eye-hand coordination and concentration.

Goals:

- Strengthen bodily skills such as grasping and eye-hand coordination

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
gruesa



Innovación



Generadores de
actividades
nuevas

►►► Materiales

- colorful balloon
- colored balls
- Scotch tape

►►► Orientation

- 1 Create a moment of play and fun in an outdoor space.
- 2 Previously inflate a large balloon, then glue colored balls around the balloon and place the baby in a sitting position.
- 3 Motivates the baby to discover the notion of removing and putting objects through play.



Observe body movements during activity

This activity must be supervised by an adult



Colored slime



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of perceiving and exploring the different textures through sensory experiences and their senses.

Goals:

- Encourage creativity and curiosity through sensory experiences

Domains and Sub-domains



Enfoques de aprendizaje



Creatividad



Pensamiento creativo



Creatividad e imaginación

▶▶▶ Materials

- 1/2 cup of water
- colorful coloring
- 1/4 cup of chia
- 1 cup cornstarch

▶▶▶ Orientation

- 1 Create a moment of play and exploration in an outdoor space.
- 2 Part by mixing the water with the coloring and the chia, and let it rest for at least 30 minutes. This causes the chia to become a goop.
- 3 Add the cornstarch and start mixing with the other ingredients, until you get a homogeneous mass, then encourage the baby to explore and discover the textures and colors through their senses.



Enjoy sensory activities with pleasure

Thursday



BILINGUAL
CHILD CARE TRAINING

This activity must be supervised by an adult



Shadows of figures

Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of developing visual and cognitive stimuli through play and sensory experiences.

Goals:

- Encourage curiosity and exploration of sensory stimuli through the sense of sight



Domains and Sub-domains



▶▶▶ Materials

- colored cellophane paper
- Paper rolls
- black marker
- Rubber bands or tape
- small flashlight

▶▶▶ Orientation

- 1 Create a moment of play and exploration in a dark and comfortable space.
- 2 Previously, place colored cellophane paper on a toilet paper roll and draw different figures (heart, star, circle, etc.) and then place a lantern inside the paper roll.
- 3 Place the baby in a lying position and perform different movements with the roll of paper in a dark space and allow the baby to perceive the different sensory stimuli.



Perceives and discovers visual stimuli through their senses

This activity must be supervised by an adult



Basket of treasures



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of exploring and discovering the objects that are inside a container, encouraging curiosity.

Goals:

- Strengthen bodily skills such as grasping and eye-hand coordination

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
gruesa



Resolución de
problemas



Comprende las
situaciones de
su entorno

▶▶▶ Materials

- basket or basket
- textured balls
- spoons
- Pompons
- Feathers
- colored caps

▶▶▶ Orientation

- 1 Create a moment of play and fun with elements from your environment.
- 2 Previously add different elements (balls, spoons, pompoms, lids, feathers, etc.) inside a basket or plastic container.
- 3 It places the baby in a sitting position and allows them to explore the different elements that are inside the basket.

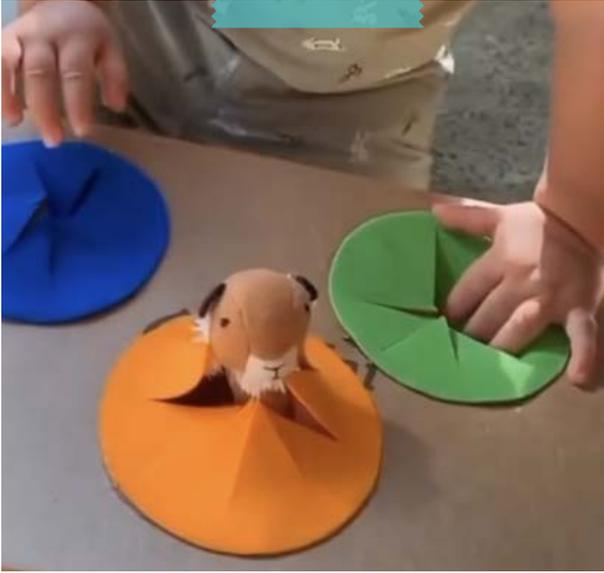


Observe body movements such as grasping and exploring during activity

This activity must be supervised by an adult



Hide and seek game



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of developing cognitive skills such as the notion of object permanence through play.

Goals:

- Develop cognitive skills such as the notion of object permanence through play

Domains and Sub-domains



Cognición



Exploración y descubrimiento



Ecología



Uso de material reciclado

▶▶▶ Materiales

- Carton box
- colored foamy
- Scissors
- Finger puppets or striking objects

▶▶▶ Orientation

- 1 Organize the activity in an outdoor space with recycled material.
- 2 Previously, make three holes on a cardboard box and place colored foamy paper and make some cutouts on the foamy paper.
- 3 During the activity, it shows different objects or puppets through the colored holes in front of the baby and allows the baby to explore and discover the hidden objects.



Observe body movements such as grasping and curiosity during the activity

This activity must be supervised by an adult



Ball slide



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening cognitive abilities such as the notion of cause and effect of objects through play.

Goals:

- Promote cognitive skills such as the notion of cause and effect of objects

Domains and Sub-domains



Cognición



Exploración y descubrimiento



Ecología



Uso de material reciclado

▶▶▶ Materials

- Cardboard
- Scissors
- colored masking tape
- colored balls
- Plastic container or cup

▶▶▶ Orientation

- 1 Create a moment of play and fun with recycled materials.
- 2 Previously, cut several pieces of cardboard and paste them on a wall in a random way, achieving a zig-zag pattern with colored adhesive tape.
- 3 Encourage baby to insert the balls down the slide and watch the balls move until they reach the end of the path.



Recognizes and understands the notion of cause-effect of objects during the activity

Friday



This activity must be supervised by an adult



Body massages



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening the different movements of your body through body massage.

Goals:

- Strengthen the baby's body skills through massage

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
gruesa



Área sensorial



Descubrimiento
de los sentidos

▶▶▶ Materials

- Baby oil
- Pad

▶▶▶ Orientation

- 1 Create a moment of sensory exploration through the movements of your body.
- 2 Place the baby in a lying position on a mat, previously gently massage the baby's entire body.
- 3 Then he performs different body exercises like raising his knees, arms up and down and trying to turn his body smoothly.
Talk to baby about different parts of the body during the activity.



Talk to baby about different parts of the body during the activity

This activity must be supervised by an adult



Sensory tales

Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of stimulating the cognitive, emotional and linguistic development of babies through the reading of stories.

Goals:

- Develop phonological awareness, that is, the ability to recognize and manipulate speech sounds



Domains and Sub-domains



Lenguaje, y lectoescritura



Comunicarse y hablar



Inteligencia emocional



Interacción con adultos y niños

Materials

- books of different textures

Orientation

- 1 Create a moment of play and exploration in a spacious and comfortable space.
- 2 Previously, place books of different textures on a flat surface and place the baby in a lying position.
- 3 Allows the baby to reach the books that are on the floor through the movement of his body, then talks with the baby and reads using different intonations or facial expressions.



Observe the different gestures when he perceives the reading of stories

This activity must be supervised by an adult



Cardboard path



Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of perceiving and exploring the different textures through the sense of touch.

Goals:

- Strengthen body skills such as crawling and coordination

Domains and Sub-domains



Desarrollo perceptual
motriz y físico



Motricidad
gruesa



Área sensorial



Exploración

▶▶▶ Materiales

- egg cartons
- Sound or flashy toy

▶▶▶ Orientation

- 1 Create a moment of play and fun with recycled materials.
- 2 Previously place egg cartons on a flat surface forming a row of cartons.
- 3 Encourage the baby to walk on the cardboard with the help of an adult or in a crawling position until reaching a striking toy.



Observe body movements such as crawling during activity

This activity must be supervised by an adult



Colored balls

Activity description:

Sensory experiences allow the development of cognitive, physical and socio-affective skills during the first months. This activity consists of strengthening cognitive skills such as the notion of colors through play.

Goals:

- Develop cognitive skills such as the notion of colors through the game and classification



Domains and Sub-domains



Cognición



Memoria



Innovación



Generadores de actividades nuevas

▶▶▶ Materials

- Plastic container (red-yellow)
- colored balls

▶▶▶ Orientation

- 1 Create a moment of play and fun in an outdoor space.
- 2 Previously, place a red and a yellow plastic container, then add balls into a bag.
- 3 Motivate the baby to discover the colored balls and insert them into the containers according to the corresponding color.



Observe body movements such as grasping and eye-hand coordination